

A Sabbath Rest

"The Sabbath was made for man, not man for the Sabbath," (Mark 2:27) are the words Jesus uses to challenge those who are concerned that he heals people on the Sabbath. He uses these words to challenge those who accuse him of breaking the rules. He encouraged the disciples to pick food from the fields because they were hungry as they were travelling around on the Sabbath, he encouraged them to respond to those in need, to heal the sick, to pay attention to one another and to God.

Jesus reminds us that we were not made to fit in around the Sabbath but that Sabbath – a period of rest from our labours – a time to have fun and enjoy life and a time to spend in praise and worship and prayer was the opportunity offered to all.

Sabbath isn't just a practical opportunity to take rest from our labour. It is intended to be a stepping out of the norm, stepping off the wheel of busyness, stepping aside for a moment, pausing to notice all that is going on around us, an opportunity to notice God in everything and everyone around us and to give thanks, to live life, laugh and have fun. This is the gift of the Sabbath.

The month of August reminds us about this Sabbath rest, the gift of Sabbath that we have been given by God. The school holidays are upon us, an opportunity for Sabbath – for fun, for families to spend quality time together. For teachers to breathe and enjoy their precious ones at home or to take a well earned rest. Grannies and Granddads, Mums and Dads, Carers and Siblings step aside to pause and to enjoy one another's company, quality time.

I hope that whatever you will be doing this August that you will be enjoying a Sabbath rest with all those that you love and care for "for anyone who enters God's rest also rests from their works, just as God did from his". (Hebrews 4) God bless you and all those that you pray for and care for this coming Sabbath. Amen.

Revd Deborah Hamilton-Grey

- Wed 1st BIBLE STUDY
7.15 pm Please ring 670677
Thu 2nd PHGNS TEA AFTERNOON
2.00 pm at Village Hall
Thur 2nd BIBLE STUDY
7.15 pm Please ring 670677
Sat 4th PRODUCE AND CRAFT SHOW
See overleaf for details

- Mon 6th PRAYER MEETING
11.00 am Please ring 670677
Wed 8th POTTER HENS
10.00 am at Village Hall
Wed 8th MOBILE LIBRARY.
See below for times
Sat 11th REBELS CHARITY BINGO
7.30 pm at Village Hall

- Wed 15th BIBLE STUDY
7.15 pm Please ring 670677
Wed 15th PARISH COUNCIL
7.30 pm at Village Hall
Public are invited.
Thur 16th BIBLE STUDY
7.15 pm Please ring 670677
Fri 17th VILLAGERS' LUNCH
12.15 pm at Kings Arms,
Ludham

- Mon 20th DROP IN FOR COFFEE
10.00 am in Methodist Church
Wed 22nd MOBILE LIBRARY.
See below for times
Sat 25th REBELS CHARITY BINGO
7.30 pm at Village Hall
Sat 25th to Mon 27th
FLOWER FESTIVAL 10am till 4pm
at St. Nicholas Church

Mobile Library

Wednesday at:-

Post Office Stores	2.35pm to 2.50pm
St. Nicholas Way	2.55pm to 3.10pm
Bethel Court	3.15pm to 3.40pm
Vicarage Close	3.45pm to 4.00pm
Chapel	4.05pm to 4.15pm
Reynolds Lane	4.20pm to 4.35pm

Weekly in the Village Hall

Mon	10.00am	YOGA CLASSES Contact: Claire Badham 598022
Mon	1.30pm	POTTER HEIGHAM STITCHER Contact: Ann 671987 or Sue 670471
Mon	5.15pm	RAINBOWS (Ages 5 to 7years) Contact: Snowy Owl- Georgie 07523 488397 BROWNIES (Ages 7 to 10 years) Contact: Brown Owl- Steph 580922
Tue	9.30am	SLIMMING WORLD
	11.30am	SLIMMING WORLD Contact Trish:582445
Thur	7.30pm	DOG TRAINING CLUB Contact:Paul Jordan 01493 740026

St Nicholas Church Services

August

5th	9.30 am	Benefice Holy Communion at St. Catherine's, Ludham
12th	10.00 am	Morning Worship Mr I Watton
19th	10.00 am	Holy Communion Rev D Hamilton-Grey
26th		No service due to Flower Festival
	9.30 am	United Service at All Saints, Catfield

Methodist Church Services

August

5th	11.00 am	First Sunday Special Service in Horsey
12th	10.00 am	Local Arrangement
19th	10.00 am	Mrs K Bensley
26th	10.00 am	Mr S Cushion

Flower Festival Time!

Once again, St. Nicholas Church will be holding their Flower Festival over the August Bank Holiday Weekend. Open all three days from 10.00 am till 4pm.

If you would like to sponsor an arrangement, please contact Wendy Litten on 670215 for more information.

As always there will be cakes for sale, and refreshments with light lunches and afternoon teas.

All we need now is your support and hope for good weather and it should be another successful fundraiser for the Restoration Fund!

Jean Gouch

Kay and family would like to express their grateful thanks for all the cards and flowers that they received following the death of Jean. Their thanks also for the donations to Cancer Research in her Jean's memory amounting to £108. Once again, many thanks.

Potter Heigham Produce and Craft Show

Calling all Bakers Crafters, Home and Allotment Gardners!

The show is on Saturday 4th August and is open to residents in Potter Heigham, Sutton, Ludham and Catfield. Entries are accepted between 9.30am-11.30am and viewing is for anyone and everyone from 2.30pm-4.30pm, with a sale and a raffle after presentations. We look forward to seeing you all there! Contact Wendy on 01692 670878 / 0784 6257660

Potter Heigham Good Neighbours

Unfortunately we had to cancel The Beetle Drive that was planned for Norfolk Day. This was due to lack of support from the Village. We were hoping to raise a nice sum to help with the decorating of the Village Hall but it wasn't to be.

We did go ahead with the Treasure Hunt for our children so hopefully this was a great success and our youngsters enjoyed the fun. We are always looking for new members to join us. Why don't you come along to our next Tea Party, you will be made very welcome. August Tea Party is on Thursday 2nd. Lunch at Kings Arms Ludham on Friday 17th. Give us a ring to book. I guarantee you will enjoy the lunch.

Hickling Broad University of Third Age

Learn Laugh Live

The next meeting will be on Friday 10th August at 2pm in The Barn, Hickling. The subject is titled 'Barbeque and Interest Group Extravaganza' where all the Interest Groups will present a demonstration or exhibition and share in a BBQ.

You can try us out by attending up to two monthly meetings or Interest Groups as a visitor for more details see our website

www.u3asites.org.uk/hicklingbroad or call the Membership Secretary on 07889 892829 and please leave a message.

Potter Heigham Parish Council

Notes from the meeting held on Wednesday 18th July

- Two well kept and prepared six rod Green Lane allotments have been vacated. Applications for these plots to be made in writing to the Clerk.
- Norman Lamb MP will hold his Annual Village Tour at Potter Heigham Post Office at 14.20 pm on Tuesday 28th August
- War Memorial at St. Nicholas Church has been added to the Statutory List of Buildings of Architectural and Historic Interest.
- Resolved to object to the construction of a new vehicular access to Glebe Farm off Marsh Road.
- Received Good Neighbour Scheme report from Wendy Potter
- Received Village Hall Committee report from secretary of meeting held on 4th July.
- Received NNDC and NCC reports from Councillors Paul Rice, Richard Price and Marion Millership.
- Received monthly Police Crime Newsletter from Inspector Teresa Futter.
- Next Parish Council meeting – Wednesday 15th August, 2018

Rector: Rev Deborah Hamilton-Grey 678382

Methodist Minister: Rev Nigel Clements
01493 740237

The Clerk to the Parish Council: Mr David Balls,
Manor House,
Church Lane, Filby NR29 3HW. 01493 368246

The Village Hall Bookings Clerk: Mrs J Cook,
6 Vicarage Close, 670056

Flood Warden: Mr Paul Rice 672149

Good Neighbour Scheme: Mon to Fri,
9am -5pm - 07884 246 687

Churchwardens: Mrs Mary Haslam 670429
Mr Donald Pickering 670407

Gazette Deadline

If you have an item for publication, please send the text no later than **15th** of the **previous month**, but preferably earlier, to Mrs. Mary Haslam, Bethel Farm, Church Road, Potter Heigham NR29 5LH Phone 670429

or e-mail - mary@doomgloomandclose.co.uk

Advertisements

If you wish to advertise in the Gazette please contact Mrs. Mary Haslam, Bethel Farm, Church Road, Potter Heigham NR29 5LH Phone 670429